

# Ghosting

Cat Burns

I promise I'm not ghosting you  
There's just a couple of things I'm going through, -ing through

I always come first, prioritise myself  
'Cause I could lose it all  
And fall down a deep hole  
I gotta watch my mental health  
(So) I recharge alone  
(Don't) take it personal  
(I'm) just an introvert

So don't stress, I'll be fine  
I just need some time to get out of my mind

I promise I'm not ghosting you  
There's just a couple of things I'm going through, -ing through  
And I don't wanna be a Debbie downer on your life  
So I'll wait till I'm alright before I call you, call you

I know it's been a couple weeks since you've seen my face  
Wondered if I'm okay, just been in bed all day  
Sometimes it gets too much  
Don't wanna see anyone  
I deal with it on my own, on my own

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