Can you see whats happened to you?

Normality has lost it's place

All I'd be if I was you

Is a soul stuck in their old ways

So take a look around

Before you stumble to the ground

But there's just one thing that you need to know

You can't do this on your own

You say you're awake
But you're still dreaming all the same
You're just frozen in place
Fading in time again

You're holding on way too tight To your heart and not your head The first steps the hardest part In trying to forget

I'm not saying you won't
I'm just saying you should try
You should try
You should try
You should try

You say you're awake
But you're still dreaming all the same
You're just frozen in place
Fading in time again

You're holding on way too tight
To your heart and not your head
The first steps the hardest part in trying to forget

Can't you see, don't you feel that you're falling
I can't wait for you this time
You can say anything that you want to
Tell me how we say goodbye
So take a look around, before you stumble to the ground
Coz' if there's one thing you already know
It's that my friend you must let go
When you break away from the pain that's there
And though at first it may be hard to bear
Step by step you'll make it there

You're holding on way too tight To your heart and not your head The first steps the hardest part In trying to forget

Can't you see, don't you feel that you're falling I can't wait for you this time
You can say anything that you want
Tell me how we say goodbye
Goodbye