

Lost In The Silence

Capsize

What makes you good enough to tell me that I'm so bad?
That I'm not enough, wanted me to walk away
But I wouldn't budge, don't tell me I'll be okay
Like you give a fuck, 'cause I know you'd hate to see me win

If it's just in my head
Why is it everything I'm seeing?
I can't believe it
If it's just in my head
Why is it stopping me from breathing?
From breathing

Another heart attack, if you hate me so much
What keeps you coming back, just hiding in the shadows
When I'm down and out, they tell me I'll be okay
Like they'd ever know, 'cause I know you'd hate to see me win

I must be rid of this, trapped in my own silence
Gasping with empty lungs
It's in my bones, it's in my blood
I hate who I have become
An empty stare up at gray skies
Filling the space the silence leaves behind

If it's just in my head
Why is it everything I'm seeing?
I can't believe it
If it's just in my head
Why is it stopping me from breathing?
From breathing

Lost in time, we sleep to escape
Pacing in circles, there's no easy way
These memories become the blades
Cut like goodbyes but I can't step away
If you're leaving there's no reason left to stay

If you insist on breaking me down
This casket remains
The last place where
Forever will mean a thing

Everything's gonna change
And everyone will leave
I will remain a ghost
Caught somewhere between
If you're leaving there's no reason left to stay
There's no reason left to stay

Screaming through a severed connection
I know they hear my voice through the static
Voice through the static