

Help And Heartache

Capsize

Everyday I tried to help.
I saw hope they said you couldn't.
You turned away, ignoring me.
Now you're thinking thoughts you shouldn't anymore.
What am I here for? It's not for me.
Why the fuck can't you see?
Why the fuck can't you see?

Everyday shit got worse.
Losing friends, they dropped you first.
You asked for my help but wouldn't listen,
Turned your back on all the advice given.
And it's all just a slap in the face.
I hope this song makes your heart race.

I hope this song makes your heart race.

Forget I said anything.

Your life, your way.
All you ever say.
Your life, your way?
Well now you're living far from your dreams.

Far from your dreams.

This is me letting you go.
Forget I said anything.
This is you
Living far from your dreams.