

# Help the Weak

Capleton

In come the thing called!...

(Ooh, ooh, ooh)

(Ooh, ooh, ooh)

Eh, eh, ah

(Ease out...)

Help the weak

And don't despise the poor

Respect yourself fi sure

And Jah will open all the doors

And you will settle scores

Help the weak

And don't despise the poor (Uh uh)

Respect yourself fi sure (Respect yourself fi sure)

And Jah will open all the doors (Respect yourself fi sure)

Always remember to be faithful

When Jah bless you inna life, you fi grateful

And never diss the man weh make your plate full

Burn disloyalty and ungrateful!

Ghetto youth, me tell you fi be careful

Any time you give, just give cheerful

Babylon no love fi see your hair wool

So me burn the werewolf

Help the weak

And don't despise the poor

Respect yourself fi sure

And Jah will open all the doors

So you will settle scores

Help the weak (Help the weak)

And don't despise the poor (Help the weak)

Respect yourself fi sure (Help the weak)

And Jah will open all the doors (Help the weak)

Alright!

Give an helping hand to your brother-man, yeah

If we suffer, make we suffer as one

If you know where better deh, go fah and come

Cah the ghetto youths a suffer in the gutter too long

Give an helping hand to your sisters, yeah

Same struggle we a fight worldwide

Only the power of love make unity survive

All praises He, to Rastafari

May He grant us wisdom... love and overstanding

May the kindness and compassion in me flow

'Cause when Jah love is pouring out, I know the pagans going down

Jah love pouring out

Rastafari...

Mmm

And Jah will supply all your needs, yes

Burning all the envy and greed, Jah know

The works of Rastafari could never be ceased

Oh

This you got know, you can't believe

Help the weak  
And don't despise the poor  
Respect yourself fi sure  
And Jah will open all the doors  
So you will settle scores  
Help the weak (Help the weak)  
And don't despise the poor (Help the weak)  
Respect yourself fi sure (Help the weak)  
And Jah will open all the doors (Help the weak)

Alright!

Dem get the food dem out the plate and go empty dem  
Mash up the woman womb, and prison plenty men  
Then you give dem the galas and say hang fi dem  
Then you say that independent and say pen fi dem  
Then you teach dem fi borrow and say lend fi dem  
How dem work dem own money and you waan spend fi dem?  
That's why me haffi lead and set the trend fi dem  
Dash 'way the coke dem and go Sensi dem  
(Help the weak)

Help the weak  
And don't despise the poor  
Respect yourself fi sure  
And Jah will open all the doors  
And you will settle scores  
Help the weak (Help the weak)  
And don't despise the poor (Uh uh)  
Respect yourself fi sure (Respect yourself fi sure)  
And Jah will open all the doors (Respect yourself fi sure)  
(Help the weak)

Help the weak  
Wada da da, help the weak  
Help the weak  
Help the weak  
Wada da da, help the weak  
Woo ooh, ooh ooh, ooh