

## Progression Vs Punk Rock

Capdown

See now that I feel so strongly,  
Life don't feel so long.  
You always say we're all so young,  
But life don't feel so long.

'Cause it's you in control of your destiny,  
Live once and live to be free.  
Saying where we must go and where we must end,  
Is all just an insecure pretence.  
'Cause it's you in control of your destiny,  
Live once and live to be free,  
Don't let acceptance change your expression.

Then once again,  
Another band with no feeling.  
And then once again.

If it's what you're thinking, (Thinking.)  
It becomes your problem.  
If it's what you're thinking, (Thinking.)  
It becomes your problem.

You think you're so old skool,  
But I weren't even born,  
And you never thought it'd come back this way.  
Well I can't live through  
Another band, another band with no feeling,  
'Cause they can find their reasons  
And you never thought it'd come back this way.

If it's what you're thinking, (Thinking.)  
It becomes your problem.  
If it's what you're thinking, (Thinking.)  
It becomes your problem.

Once again you need to be strong.  
How can go on if you can't feel your own songs?  
Once again you need to be strong.  
How you progress if you can't feel your own songs?  
Twisted concepts,  
Lacking understanding.  
We can seek and destroy,  
The illusion it's all done and dusted.  
Passion, anger,  
Actions with selfless intentions.  
We can seek and destroy,  
The illusion it's all done and dusted.

Then once again,  
Another band with no feeling.  
And then once again.

If it's what you're thinking, (Thinking.)  
It becomes your problem.  
If it's what you're thinking, (Thinking.)  
It becomes your problem.

You think you're so old skool,  
But I weren't even born,  
And you never thought it'd come back this way.  
Well I can't live through  
Another band, another band with no feeling,  
'Cause they can find their reasons  
And you never thought it'd come back this way.