

Helpless

Cameron Dallas

I've fallen in love
I'm feeling helpless, I know it's not healthy
And I know that it's hard
The cycle I'm in, it's takin' on my energy

I've been hurtin', takin' in this pain
And hoping that it kills me
I can see on my face, in the mirror
I'm not happy and-

I-I, I'm gonna need some help
And I-I, I haven't been myself
I've been drinkin' too much
Smokin' all night
Messing with the wrong girls
Nothing feels right
Every time I go out, someone wants to pick a fight
Spend all of my money, I guess my momma was right, yeah
I-I, I'm gonna need some help

I've had decent talk
I hide in all this darkness, inside me
And I wish on every star, that one day I can stop
I think I've had enough

I've been hurtin', takin' in this pain
And hoping that it kills me
I can see on my face, in the mirror
I'm not happy and-

I-I, I'm gonna need some help
And I-I, I haven't been myself
I've been drinkin' too much
Smokin' all night
Messing with the wrong girls
Nothing feels right
Every time I go out, someone wants to pick a fight
Spend all of my money, I guess my momma was right, yeah
I-I, I'm gonna need some help
And I-I, I haven't been myself

I, I
I, I