Stop to watch the flowers
Stop to watch them grow
'Cause all of your minutes and hours
Will soon be gone

And one day you'll pick up your children For the very, very last time So, open your heart and fill it With the light

Before the moment turns into nostalgia
Before the bones in our bodies grow old
Before we turn back to stars let me hold you
Before it's gone

Before it's all gone Before it's gone Before it's all gone Before it's gone

Time never stops not for no-one One minute we're here then we're not So, hold on to times that are golden Before they're gone

Before the moment turns into nostalgia
Before the bones in our bodies grow old
Before we turn back to stars let me hold you
Before it's gone

Before it's all gone Before it's gone Before it's all gone Before it's gone

Another year on happy birthday Another journey around the sun So, hold on to ones that are golden Before they're gone