## **Calling All Captains**

The reason I get fucked up
Is the seasons
Just leave me busted leave me bleeding
I've torn up the roots I've seeded
But was it needed?

Some highway signs Lead to a better life Inside my mind (Inside my mind)

Well I think it's time that I let you know I'm spiraling out of control It hurts me now more than it did before I'm wearing thin I can't take much more I'd pull the chute if I could find the cord But I'm falling fast and I know for sure That I'll never get back what I'm looking for No I'll never get back what I'm looking for

I'm over thinking
Anything and everything
My ship is sinking
I hold my breath before I drown again
I know this feeling
Can't shake my fear
Of the pain of healing
It's been a year since I stopped believing

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