

I thought out my fallout
I'm chasin' all the ghosts I used to talk about
While I'm fallin' back to sleep
I found out you drown out
All the noise inside
I'll never hear aloud
Or am I talking to myself

As I'm staring in a sunbeam
Overexposed I cannot feel a thing
I've hurt myself to harm the ones I love
When I'm so down low I suffocate and stall
Can you feel me?

I'm out of touch and out of time
If I hear one more word I'll lose my mind
So I'll tear up all the walls
I'll reach and crawl inside
Cause I just don't think that I'll come around
I open up my mouth and make no sound
I think I'll fall into myself

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