Calling All Captains

Tell me why I'm feeling lonely
Why they say they want the old me
My friends and family say they wanna' change me
I guess they don't wanna' see the new me, the new me
Yeah I'm still the same man
I'm still that boy but with a better plan
Still playin' all of my songs but some don't understand
I am an hourglass, blessed with no sand

I say that's bullshit
You think you're tough but really you just talk shit
I wonder why you thought that you're a cool kid
Better get your judging ass right back to school kid
It's like you never even clued in
My mind is playing tricks on me again
My sanity is slowly being spent
I hear them demons in my head
And when I'm falling into bed
They call my name til the bitter end

You say we're on the same page
You say you're trying to fix me
Yet you go behind my back and you betray me
You're telling everyone you think I'm crazy
That's all I'm hearing lately
This is me now, if you like it or not
What is family for? What kind of friends you got?
See the change in me, rearranging me
And you'll be left behind just a waste of time

I say that's bullshit
You think you're tough but really you just talk shit
I wonder why you thought that you're a cool kid
Better get your judging ass right back to school kid
It's like you never even clued in
My mind is playing tricks on me again
My sanity is slowly being spent
I swear these demons in my head
Will move along after I'm dead
They'll walk the earth until the bitter end

Standing atop the mountains overflowing
With everything inside my mind's eye
There's still too much I have to climb
Climb inside
Inside my mind, I haven't changed at all
You say you want the old me
You don't know me at all
I'm slowly getting better
You could make this happen if you just put in the effort