

# No Blood No Foul

## Burden of a Day

Into the fray we can't jump to conclusions  
For we are not what it seems like  
Give me your hand, give me your hand

I came to you  
You promised me  
That you were on just a temporary phase  
Sheets in the wind  
No harm at all  
No blood, no foul

But now you're hurt  
And it's just killing me to see  
Tonight I'd do anything to untie you  
From this locomotive

If falling faster helps  
I'll sink into oblivion  
I'll sink so fast your head will spin

You hold the vapor in your hands  
To disregard the scent that pulls you out  
This fleeting glimpse is all you have  
Please don't blink twice  
It will disappear before your eyes

I saw the look in your eyes  
Screaming out for mercy  
Sidestepping series of disappearing waves  
Of disappointment  
All the things that hold you back  
Please tell me why you won't let me in  
You're slitting your own neck  
And I can't stop you from trying

If falling faster helps  
I'll sink into oblivion  
I'll sink so fast your head will spin

You hold the vapor in your hands  
To disregard the scent that pulls you out  
This fleeting glimpse is all you have  
Please don't blink twice  
It will disappear before your eyes

Your heart is beating faster now  
With abrasive syllables, you stumble for a shaky word  
My heart is bursting for the time  
When sleep won't come  
Till safety rings in my ears  
I'll never be able to sleep  
I'll never be able to sleep again

Thanks for coming  
He said as he walked up to the steps  
With our heads held low  
Aware of our cracked faces in the sun

We had been running for so long  
We had been running  
That our shoes were as paper  
As we struggled on these blistered feet

His words are as a gentle breeze  
We had been sweating  
Grief stricken tears we had been crying  
But it was finished all along

Now we can hold our hearts up high  
And say that it was worth the climb  
The struggle for our very soul  
The struggle was not ours at all