It's not an easy road
Many see the glamour and the glitter
And think it's a bed of rose
Who feels it knows
Lord help me sustain these blows

From the minute of birth you enter this earth Obstacles in your way to overcome first Throughout every day they seem to get worse Oh my god cast away this curse Everybody is trying to make ends meet Through every way they endeavor Lord God you see it No matter what the world may say on the street Must have to survive, won't accept defeat Now I'm wary, tired and dreary Got no time to waste You know now

By you rise to see the sun
Who you love a pull you down
Trying to discredit the works you have done
Some can't satisfy with the past of ally
From the Scribes and Pharisees
You've got to stay wide
Hold up your head glancing at both side
Waiting anticipating praying for you to slide
Righteouness prevails with Jah by my side
Delver Jonah from the whale
Never leave him to die
Help us all Abbaba Joni
Hold up my head and cry

I've been travelling all morning
With such a heavy load
Now it's noon and I cannot afford
To put down this burden alongside the road
I've got to hold it, got to humble myself
Like a child
Upon my face I've the got to put on a smile
Make up my mind just to walk more miles
Because I know that