

I walked in that room and a smile filled me up
I left that night and said this must be love
I said to myself "I am enough"
I walked away without a hint of mistrust

And now I'm too high to come back down
Who knew I could feel so much at once
The world's my oyster and now I finally found
A reason for me to love myself

People tell me what they want from me
But I can't keep giving 'cus I'm running on empty
It's time to give myself the break im needing
Need to make some time, I've gotta keep on breathing

I don't care what the future holds
I'll take my time and figure out my goals
I'm witness to such beautiful things
A life full of questions who cares what answers bring
I don't mind a little inconsistency
As long as I'm present, as long as I am free
I don't need a reason to be self-hating
I've got myself and I can't be held back waiting

The ones who put me down aren't worth my energy
They're at the lowest they'll ever be
All the drama drives me crazy
Why can't we all just be kind on the daily

People tell me what they want from me
But I can't keep giving 'cus I'm running on empty
It's time to give myself the break im needing
Need to make some time, I've gotta keep on breathing

I don't care what the future holds
I'll take my time and figure out my goals
I'm witness to such beautiful things
A life full of questions who cares what answers bring
I don't mind a little inconsistency
As long as I'm present, as long as I am free
I don't need a reason to be self-hating
I've got myself and I can't be held back waiting

I can't help it, I'm thriving
And I can't help that life can't get under my skin
And I am living not just surviving
Though it may be hard to keep up my chin

I don't care what the future holds
I'll take my time and figure out my goals
I'm witness to such beautiful things
A life full of questions who cares what answers bring
I don't mind a little inconsistency
As long as I'm present, as long as I am free
I don't need a reason to be self-hating
I've got myself and I can't be held back waiting