Take a little break from the outrage
Pour up a little heaven on ice
Pick it back up on Monday
Today I'm gonna testify
The lords been talking through the weather
Sunday sermon in the sun down sky
Don't think I could say it any better
So I think I'm gonna take that advice

Slow your roll, slow your roll
It's a down ship deep stress take yourself a deep breath
Watch it go up in smoke
Slow your roll, that's right

We're all gonna get there someday
Don't have to be tonight
It's harder than you think to do nothing
If you wanna do nothing right
You gotta

Slow your roll, slow your roll
It's a down ship deep stress take yourself a deep breath
Watch it go up in smoke
Slow your roll, that's right

Slow it down a notch

(Light one up and take it)

Down a notch pop that top calm your country urge

It's a down ship deep stress take yourself a deep breath Watch it go up in smoke
Slow your roll, that's right
Slow your roll
Slow