

Take my shoulder back now  
Your head's too heavy for me  
Please don't come around here no more  
'Cos I asked you to stop  
And you wouldn't

And I would give anything to make you better  
I would give anything to point you to free  
I would give anything to help you realize

I loved you 'til it killed me  
So my logic wouldn't hurt you  
I know you might blame me anyway  
Well I'm sorry, I'm so sorry

I would give anything to make you better  
I would give anything to point you to free  
I would give anything to help you realize  
You're not helping yourself to me

I've tried all the things they told me to do  
Trying to close up the wounds left open by you  
And if I seem doubtful, distrusting.....I am  
You said you wouldn't do it again  
You said you wouldn't do it again

Anything just to try and help you see  
You ain't helping yourself by hurting me  
[I would give anything]  
Time to let you go, time for you to see  
[To make you better]  
You ain't helping yourself by hurting me  
[I would give anything]  
Anything just to try and help you see  
[To point you.....to free]  
You ain't helping yourself by hurting me  
[I would give anything]  
Time to let you go, time for you to see  
[Oh, anything for you to help you realise]  
You ain't helping yourself by hurting me

You're not helping yourself  
You're not helping yourself by hurting me