

Swear your life is just passing by  
You refuse to fly  
Like a stubborn little bird in your cage  
Maybe you shouldn't waste your time  
On a hollow life  
Smiling through the pain  
It's hard to see without a flame  
Standing in the pouring rain  
Oh now you're soaking wet  
What did you expect  
Well if it's not so bad  
You better learn to swim

Baby you're caught up in your ways  
Some things never change  
Caught up in your ways  
You're caught up, and I get it  
Don't be so overdramatic  
Yeah you're caught up, and I get it  
Don't be so overdramatic

Simple words through a filtered lens  
You're a talking head  
And you don't really feel alive anyway  
Spend your nights with the hands of time  
Gripping at your spine  
While you're curled alone in your bed  
The tears that fall out of your head  
Reminding you to feel again  
Well if it hurts so bad, can you tell me this  
Why did you choose to break what you couldn't fix?

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Shine a light, shine a light  
Shine your light if you're in there  
You're alive, your alive  
You're alive, remember that

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