When the sunshine can't bring a smile to your sad eyes
And the dark clouds are suddenly your best friend
When the ship goes down, we could bow from higher ground
Take comfort in tomorrow (cause there's a little something that does
it for me)

So when life is a bitch
And your sex life really stinks
Well let's get Optimystik
And let's find our own kicks
When staring in the mirror
Can only bring us down
Oh just get Optimystik
And keep on laughing, and drinking and chasing the sun

With the bad times, are one step ahead of the good times

And a real friend gets harder and harder to find

You're either too fat or too thin, either way you can never win

Then take comfort in my sorrow (cause there's a little something that does it for me)

So when life is a bitch
And your sex life really stinks
Oh lets get Optimystik
And let's find our own kicks
When staring in the mirror
Can only bring us down
Oh just get Optimystik
And keep on laughing, and drinking and chasing the sun

Chasing the sun, chasing the sun....

You can't stop changing if you're still drunk and ya Can't stop drinking it's far too much
You're in no mans land again
So let's just fly away
Let's just fly away, oh!

For when life is a bitch
And your sex life really stinks
Well let's get Optimystik
And let's find out whom kicks
When staring in the mirror
Can only bring us down
Well just get Optimystik
And keep on laughing, and drinking and chasing the sun
Chasing the sun, chasing the sun,
You gotta chase the sun... Oh oh oh!
(Chasing the sun)