

Real Men Don't Cry

BRELAND

Got some sides you'll never know
Things I handle on my own
Show the highs and hide the lows
That's just how it goes
Been through things you'll never see
I've got some painful memories
Nights that I can barely sleep
But pretend that I'm at peace

With a million that's been on my mind
I smile and say I'm doin' fine
Anything to keep it all inside
'Cause real men don't cry
At least that's what we tell ourselves
And hurts the ones who try to help
Wish that we can leave it all behind
The real men don't cry

Let it fall in private rooms
Held them back in quite a few
After all that I've been through
I'm tryna startin' new
This kinda cycles hard to fight
Broken dads and sons alike
Holdin' on the shame and pride
Trying to survive

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And you might say that I'm surely mistaken
That showing my emotions is a weakness
That type of thinking makes me wanna cry

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I smile and say I'm doin' fine
Anything to keep it all inside
'Cause real men don't cry
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Go ahead and dry your eyes
Nothing's wrong with you and I