I know that your heart has been so heavy lately Trying to find peace of mind Thinkin' 'bout him all the time You've got to clear those guilty feelings lady Gave him everything you had That's no cause for feeling bad

Girl I know you
You're too strong to
Let a man who don't understand
Turn it around on you
So don't take
All the weight
You can still be who you want to be
If you have it in your heart

Know what you want
Don't let him break your heart
Don't let him trick you into
Thinking that it's all your fault
'Cause you've got a right, baby
To want to love
Who will be anything and everything
Anytime you want

I understand your frustrations lady
You've been there far too long
For him to ever to treat you wrong
Now you've gotta learn to live for you lady
Let your mind be inspiration now
'Cause your heart alone won't do

Girl I know you
You're too strong to
Let a man who don't understand
Turn it around on you
So don't take
All the weight
You can still be who you want to be
If you have it in your heart

Baby it's no how and no way
I'll never make your heart break
Never let you go astray
Girl you deserve the very best
That love has to give
I won't put up a fight
I'll do everything right
As long as I live
I'll give all I can give