

Rocking Horse

Boy & Bear

I've been shifting hands
I'm a rocking horse
I'm a grain of sand
On a cosmic course

I'm a circumstance
Baby take your chance
Don't you understand
It's a fleeting dance

It's a flash of light
It's an open hand
It's a power stance
It's the power of love

Take a load off man
That's what Levon said
Everything is as
It's supposed to be

Everything is as
It's supposed to be
It'll be alright
If you learn to be

It's not what you know
That's not what's been holding you down
Taking back what you need
Pushing back what's been holding you down
It's the kindness you see
The kind that you give to yourself
And no one ever really tells you that

All the while
Spinning over and over and over and over again
All the while
Spinning over and over and over and over again

It's not what you know
That's not what's been holding you down
Taking back what you need
Pushing back what's been holding you down
It's the kindness you see
The kind that you give to yourself
And no one ever really tells you that

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Cos it's not what you know
That's not what's been holding you down
Taking back what you need
Pushing back what's been holding you down
It's the kindness you see
The kind that you give to yourself
And if only somebody had told me that