I woke up this morning with ribbons in my bed
I could not remember how they had got there
Just the warmth of someone's body gone
My body's aching, my mind it cannot rest
My thoughts are vacant, there's a rattle in my chest
Too old to be playing these games again

I was hoping to change just I never did And now I'm kicking the cage to get rid of it

Hands full of splinters the timber in my skin
And you'd probably hate it, but I am used to it
I cannot fake it but I do
Held down in some late night bar
Where the pretty girls know who you are
Trying to find your heart in all those hopeless faces

And I was hoping to change just I never did Now I'm kicking the cage right in front of it I'm so sick of the rage, I can't get rid of it I'm with nobody to blame I'm in the thick of it And I walk as a man alone

So what you chasing
I think it's no going right
I guess you'd learn it in time
You're out of time
Don't do anything

So won't hand me the reins for the thrill of it
You see I got what it takes just to handle it
Won't you tell me I'm great I'm in need of it
It's not a question of blame so stand in front of it
And I walk as a man alone
Oh I walk as a man alone
No I walk as a man alone