

Midnight

Bow Anderson

Welcome to my head at midnight

Good at being busy, keeping up with friends
Tryna to stop anxiety from catching me again
I've tried everything
I'll do anything

If I got a day off, I'll start dreading it
Give me too much time and I fill it up with heavy shit
I need therapy (I need therapy)
Don't like this side of me (Don't like this side of me)

All I ever do is try to out run the fear
But when the lights go down it always seems to find me here

I'm my own worst enemy at night
All the voices come alive
Saying your a disappointment
And your fucking up your life

It's a really lonely fight
When the monsters in your mind
Tell you no one's gonna love you
Welcome to my head at midnight

Watched everything on Netflix, shit that I don't like
Anything to quiet down the mess up in my mind
A temporary fix
Is better than feeling like this

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