

# It Was Built To Break

Boundaries

Break

Nothing changes when you get what you want  
There is no growth without loss  
This is the price of understanding  
Pain is the cost

Burn the field, salt the earth  
Drive your picks into the cracks  
Don't stop (Don't stop)  
Don't stop until there's nothing left  
Until you're nothing

This is how it feels to start over  
To have your foundation disappear (Disappear)  
I can't speak, I can't breathe  
Apologies can't pull out the knife

I was afraid of being a list of symptoms  
To be summarized in terms and phrases  
To not be special  
To not be different  
To be a definition (Definition, definition)  
I was afraid of pills  
I was afraid of help  
I'd do anything to not admit  
I was killing myself

I had so much pride in just getting by  
I was too selfish to see that my conditions are not unique  
My whole life, I made my emotions my identity  
When I learned there are people just like me  
The world got brighter  
And a little less lonely

It will all end in tears  
These parts of me will always linger  
Until the day I fucking die