Too many worries kinda paralyzing me
Too many hurries got me down on my knees
And I could see everybody going separate ways
Too little courage - didn't say what I should say

Drowning in confusion

I was feeling down so down

It was a cry for help in vain

Drinking my illusions

I was spinning round and round

Until the sun dried out the rain

Now I'm free - free from all the pain

Yes I'm free - and nothing stays the same

Now I'm free - free from all those chains

Yes I'm free now - free until the end

Lost in the glamour - it's a suicidal game
Lost in the temples of some never ending fame
At the end of the rainbow all the colours fade to gray
Lost like an echo that is sure to die away

Stranded on an island
I was feeling down so down
Lord I felt so castaway
My message in a bottle
Was turning round and round
Til Jesus came my way - he's here to stay

Now I'm free - free from all the pain
Yes I'm free - and nothing stays the same
Now I'm free - free from all those chains
Yes I'm free now - free until the end