I know you're hanging by a tear drop
I know the walls are caving in
I know it feels just like a bad, bad dream
That never seems to end
I know your faith has taken a beating
But it's stronger than you know, so
I got a friend and I think it's time you meet him
And he will never let you go so...

Hold on, hold on
Hold on, hold on
Cause love don't know how to lose
Love don't know how to choose defeat
Hold on, keep holding on

I know you wonder if it's worth it
Why you even try at all
Cause you've given every ounce of love you had
And you still can't move this wall
But there's something inside that's keeping you from letting go
That's the spirit crying, can you hear it crying

Hold on, hold on
Hold on, hold on
Cause love don't know how to lose
Love don't know how to choose defeat
Hold on, keep holding on

I know that you still believe there is a light That is waiting for you Right now you just can't see it, oh but faith Will take you there, so

Hold on, hold on, darlin'

Hold on, hold on
Hold on, hold on
Cause love don't know how to lose
Love don't know how to choose defeat
Hold on, keep holding on
Hold on, keep holding on