Enter sadness, with your rain boots in blue Since I can remember I've been runnin' from you But this time you sat your ass down with no intent to move You ain't no Blue Healer

Well the longer that you sit here lookin' into my eyes The shock of your arrival, it begins to subside And as I drop my defenses you start to crack a smile (Are you a) Blue Healer?

Well I've been proud and
Lookin' in a mirror that's clouded
With smoke keeping me shrouded
Believing I'm fine
But you wipe clean
All of these illusions that ain't me
Now you've got me lookin' and I hate me
Where is my spine?

Peace, you told me, I'm only here to reveal
Where you've been stuck and where you're going if you're lookin
' to heal
But you've gotta drop these vain addictions and hang on to what
's real
You Healer

I want to welcome every shadow
Instead of taking every one to battle
I'm climbing back up into the saddle

And now I stand tall
Used to think my sorrow was a brick wall
Made me want to curl up in a tight ball
Self-pity dealer
But there's a gate here
You can only find it if you wait here
Now I'm walkin' through it with my gaze clear
Me and the Blue Healer