Help I need somebody help not just anybody help you know I need someone help!

When I was younger so much younger than today
I never needed anybody's help in any way
but now these days are gone I'm not so self assured
now I find I've changed my mind I've opened up the doors.

Help me if you can I'm feeling down and I do appreciate you being round help me get my feet back on the ground won't you please please help me.

And now my life has changed in oh so many ways my independence seems to vanish in the haze but every now and then I feel so insecure I know that I just need you like I've never done before.

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