

Vibes Up Strong

Big Mountain

I keep strugglin', I keep pushing.
I keep moving on and on, I keep bubblin',
I keep working, I keep groovin on and on

Forward on, I keep it real
There's no sense in holding back
Just how I feel
Ooh Lord, I can't dis my calling
'Specially when it's comin from my heart
I try my best to live in happiness
Even when the pressures
Start to make my life a mess
Ooh no, it will never ever keep me down
I tell my youth to live in truth
Never forget that the spirit is in you
Just reach inside and let your conscious be your guide
Yes my little children

And I know that I will never forget the struggle
That's why I'm dedicated.
Been fightin' in the struggle for so long
With my brothers and sisters.
I stay positive and try to get along
I teach my youth to know what's right and wrong
I forward on and keep the vibes up strong
Keep the vibes up strong

I never lose my faith
I know that God will be there each and every day
And I try to live up to his righteous ways
Oh Jah is the one that keeps me positive
And watches my shoulder
It's a blessing just to know that
The father will guide me through

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I keep moving on and on

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