I'm the matriarch of your land
When you need to take my hand
Come into my arms, I'll keep you safe from harm
I'll keep your precious heart

Some people try to drag you down Take it from me, stand and be proud You're a warrior You're my warrior

Be who you are
Be who you are
Know that life holds more than what you see
Rise up little man, rise up little man

Fight for you and me
Look into my eyes and believe
Little woman we will fight, we will fight
Little woman we will fight, we will rise
I see you and me
Take my hand and we
We will stand, we will fight, we will fight
We will stand and together we will rise

They'll burn you at the stake if you Don't act like they want you to But baby be yourself
Do good and help the world

Be who you are
Be who you are
Know that life holds more than what you see
Rise up little man, rise up little man

Fight for you and me
Look into my eyes and believe
Little woman we will fight, we will fight
Little woman we will fight, we will rise
I see you and me
Take my hand and we
We will stand, we will fight, we will fight
We will stand and together we will rise

Rise up, rise up little man
Don't be scared I'm holding your hand
Know that life holds more than
What we see and what we get

Rise up, rise up little woman Don't be afraid to risk it all Know that life holds more than What we see and what we get, I will

Fight for you and me Look into my eyes and believe Little woman we will fight, we will fight Little woman we will fight, we will rise I see you and me
Take my hand and we
We will stand, we will fight, we will fight
We will stand and together we will rise