My mother in and out of court like a referee Baby sister crying And repeating please don't let him see me And he don't deserve a name Told my sister the other day I'll happily do life in prison to keep you safe She was in mums stomach He kicked em both down the stairs And put out his cigarette on my mothers cold flesh And back then... I was probably bout 10 I wasn't there If I was, I wouldn't be here and neither would he Id be locked up Like all of this I'm brain but I'll release it Womens refuge, missing my mum I had to sneak in Keep my voice low No natural la that refugees bring Watched my sister take her first steps As I'm internally bleeding No I can't tell if they just shivering, freezing Or just tryna stop the tears streaming Every member of my family Second letter up in their name is an 'a' But mine has a 'e' in My brother was joking Saying I'm adopted because of that Not funny I was young at the time I believed him

And they say a photographic memory
A blessing and a curse yeah
Lessons to be learned pages to be turned
Ooh la la la la la ain't a natural la
When them refugees break down
Ooh na na na na na ain't a naturla la
They scream the whole place down