

I Can't Help It...

Between You & Me

Can somebody help me
Cause we all know I can't help myself
My existence is pointless
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Can you give me a reason
To keep this air inside my lungs
Or a shoulder to lean on
To hold me up

When I'm not strong enough to do it for myself
But I'll be honest I'm not as strong as I used to be
I'm struggling
I can't help it