His love keeps me satisfied

And every girl likes to feel satisfied

His love makes me feel good inside

And every girl like to feel good inside

He takes my heart for a toy

And he brings me so much love and joy

And his love has me paralyzed

And I just can't help myself (Help myself)

His love keeps me awake each night
I can't sleep from thinking of him each night
His love has taken my appetite
I don't know what I'm doing wrong or doing right
I know he's loving someone else
But if I let him go I wouldn't have nothing left
And his love has me paralyzed
And I just can't help myself (Help myself)

Each night he's holding me tight
My heart jumps clear out of sight (Out of sight)
I know his love is not good
But all my love is his and that's for sure

But I know he's loving someone else
But if I let him go I wouldn't have nothing left
And his love has me paralyzed
And I just can't help myself (Help myself)
Don't you see I just can't help myself (Help myself)

No, no
Don't you see I can't help it, I can't help it, I can't help it
No, no, I can't help myself
No, no, a-don't you see I cannot help myself
No, no