

Ave Verum Corpus

Beth Nielsen Chapman

Ave, ave verum corpus
Natum de Maria virgine.
Vere passum immolatum
In cruce pro homine.
Cuius latus perforatum,
Unda fluxit et sanguine.
Esto nobis praegustatum,
In mortis examine,
In mortis examine.

Hail, hail true Body [of Christ],
Born of Mary Virgin,
Who suffered in truth, and was immolated
On the Cross for man,
Whose pierced side
Flowed with water and blood,
Let it be for us a foretaste [of heaven]
In the trial of death.