

# Cautiously Optimistic

Beth Crowley

I could  
Say that I'm fine  
Fall back on the  
Old familiar line  
Act like I'm living the dream  
But what the hell  
Does that even mean?

These days  
I'm testing something out  
This concept  
Where I'm honest with myself  
And I won't push everyone away  
When I feel like I'm going to break

Sometimes  
There's no such thing as  
A happy ending  
There's just an ending  
And you'll decide if you  
Start again

I've been  
Learning that happiness  
Doesn't just magically happen  
You work for it  
And I'm not there yet  
But I'm cautiously optimistic

I was  
A glass half-empty girl  
Jaded and  
Pissed off at the world  
Ready to lash out any time  
Unleash the poison I held inside

And I thought  
I'd be satisfied if  
I made everyone hurt  
The way I did  
Slap away all the  
Hands that were reaching  
To pull me away from the  
Edge of the deep end

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But I'm cautiously optimistic  
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I was  
Convinced for a moment  
It was better if  
I was alone but

It's the people you  
Hold in your heart  
Who will find you again  
When you lose who you are and

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