

Worrying

Ber

I've been crying on my own shoulder
Been drinking myself sober
Trying to delete some time
Cause I keep thinking about what I said last night
If what I said didn't come out right
Story of my life

So my thoughts are gonna be the death of me
Filling up my stupid brain with jealousy
What if all my friends wanna get rid of me?
Turn it down, switch it off, cause I'm so sick of listening

Why the hell do I worry about worrying?
Why the hell am I stressing over everything?
As if it's gonna help?
It makes me miserable when I'm not in control
Why do I care so much, why do I care at all?
Oh I yeah I know, it doesn't help a single thing

I know it won't change a thing, worrying 'bout worrying

I've been tryna break myself open
To reset all of my emotions
Kinda scared of what I'll find
And I keep apologising for the way I feel
But the way I feel shouldn't be a big deal
Oh just give it a rest cause I get more depressed when you say that I'll be fine

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