## Benedictum

## **Seasons Of Tragedy**

Muladhara Svadhistana Manipura Anahata Vissudha Ajna Sahasrara

Gates before me wide open, hastily I proceed The white owl of winter perched high above me Spreading wide wings of wisdom Eyes look through me like glass Let go of the pain of the past

Deep in your heart you must believe You can find your humanity Dare to believe there is relief From the Seasons of Tragedy

Floating freely in rhythm Tis the sparrow of Spring Hope resonates with each beat of the wing Every moment is precious life's too short to lament Rise over sorrow, forward on and then And then

Deep in your heart you must believe You can find your humanity Dare to concede there is relief From the Seasons of Tragedy

Torrid passions all my actions make me who I am Barren lands of the summer seemingly void of life Till the raven descended blackened as ice Life is always abounding though the eye cannot see Beyond all our senses there's more just believe!

Soaring over the landscape mastering all she surveys Autumn's sage Eagle appears from the haze You must fly ever higher, triumph over the mind Master your thoughts and the world will align Deep in your heart you must believe You can find your humanity Dare to believe there is relief From the Seasons of Tragedy Aah ahh seasons of tragedy Aaah oh Season of Tragedy!!

Were it not for this passage through this life I have lead with its pain an d its sorrow then I would not have had This victory... would not have had this victory... VICTORY! Winter is gone and springtime comes anon and on and on