

Ease My Mind

Ben Platt

Most days I wake up with a pit in my chest
There are thoughts that I can't put to rest
There's a worry that I can't place
Most nights I am restless, and quiet won't come
So I lay there and wait for the sun
There's a trouble that won't show its face

You came out of nowhere
And you cut through all the noise
I make sense of the madness
When I listen to your voice

Darlin', only you can ease my mind
Help me leave these lonely thoughts behind
When they pull me under
And I can feel my sanity start to unwind
Darlin' only you can ease my mind

I'll admit, for a moment I felt so afraid
Just to show you the mess that I made
There are pieces I usually hide
But when you collect me with your steady hand
With a language that I understand
I feel put back together inside

You came out of nowhere
And you cut through all the noise
I make sense of the madness
When I listen to your voice

Oh darlin', only you can ease my mind
Oh help me leave these lonely thoughts behind
When they pull me under
And I can feel my sanity start to unwind
Darlin' only you can ease my mind

Darlin', only you can ease my mind
Help me leave these lonely thoughts behind
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