Do you really want to let go?

I know you're tired, yeah, you've been feeling so low
Your whole life you've been walking on your tiptoes
In a home where pain is all that you've known
And you feel the world moves way too slow
But there's still so much room left to grow
Do you really want to let go?
No, I don't think you wanna let go

Wait up, I know you feel anxious
No need to be nervous
You're safe with me
Some monsters are harder to vanquish
Together we'll manage to make it through
We'll find our way
We'll find our way

Are you ready to come back now?

Or do you still feel it all after the comedown?

Well, you made it out, yeah, some way and somehow

The voices in your head are all gone now

And you feel the wave, it comes so fast

And if you're patient, know that it won't last

Are you ready to come back now?

Yeah, I think you're ready to come back now

Wait up, I know you feel anxious
No need to be nervous
You're safe with me
Some monsters are harder to vanquish
Together we'll manage to make it through
We'll find our way
I can't climb inside your head or shoulder the load you carry
Never cried the tears you've shed, but we have all known misery
If you go it alone, you forgot all chance of rescue
I know you feel lost, but I'm here to wander with you

(Wait up, I know you feel anxious
No need to be nervous
You're safe with me)
Some monsters are harder to vanquish
Together we'll manage to make it through
The feeling is under the surface
You're put here on purpose, and once you believe
We'll find our way...

(Ceci est un rêve Quand tu te reveilleras, tout sera fini Concentres toi sur ta respiration Sens l'air rentrer et sortir de tes poumons Au bout de trois ouvres tes yeux Un, deux, trois)