You Know and I Know

Bebe & Cece Winans

From miles away they judge from my expressions And it looks to them that nothing could be wrong Everything in life right now is going my way And I must admit I'm playing right along

But you know and I know
Yes, you know I'm crying
You know and I know
And you know I'm dying
You know and I know
Oh, when no one else can see
What's going on inside
Inside, yeah, yeah, yeah

It's not very often you meet that someone That someone who's there to share the load That special someone you can depend on Where your secrets are secrets never told

You know and I know
You know I'm hurting
You know and I know
You know I'm lonely
You know and I know
When no one else can see
What's going on inside

All they see, yes, in my life
There's been some sunshine, oh...
They don't know in my heart
There's been so much rain
But I'm so glad you know, oh...
You know and I know

(What's going on inside)

(You know and I know)
You know they see the smiles
But you see the frowns
(You know and I know)
They see the ups
But you know the downs
Yes, you know and I know
And no one else can see
What's going on inside

Oh, you know my heart's been broken
Yes, it has
(Going on inside)
And you know my soul's been aching
(Going on inside)
So glad, what's going on, yeah, come on
(Going on inside)

So tell Him all your problems

Tell Him 'bout the pain that pierced your heart
(Going on inside)

Please, tell Him
Tell Him all the troubles and begin from the start
(Going on inside)
'Cause He knows, yeah
(Going on inside)
Sees and He knows and He cares
What's going on, going on inside
Oh, yeah, going on inside