Life just sucks when all you know is the bottom It's not your choice there's no escaping it Get up and run as far as you can Head to higher ground while there's a chance to live

Don't run away, run away, run away Don't run away, run away, run away

Up on the mountain I see down below It's easy to lose yourself I know Can't hear what your shouting I'm deaf to your show It's easy to lose your self control Everybody gets high Everybody gets low Life can be such overdose Up on the mountain I see down below It's easy to lose yourself I know In the in between

Life's so dark when every day is a struggle Why go out and see the world on fire Don't let your mindset become what controls you Speak right now and make the choice to grow

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I won't let pain get in my way
I can't have silence claiming me
We have strength in numbers
Strength in numbers to get us through the day

No compromises to be made
This is a war we're gonna win
We have strength in numbers
Strength in numbers to get us through the day

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Life can be such overdose
Up on the mountain I see down below
It's easy to lose yourself I know
In the in between