Hey easy now, easy Yeah yeah

Got ta Jump n' Shout Got ta Jump n' Shout

Jump jump jump yeah yeah

Hey easey now, easy yeah yeah

Bwoy out a road fi wi name dem a call Bout dem want fi dis Basement Jaxx after all When we check it out dem a brain it small Seven time rise seven time will fall Dubplate pop out a mash up di dancehall Crowd de pon di receiving end dema a bawl Who dem a bawl for Basement name dam a call True dem play sweet music fi one and all Di people dem a beg di super DJ fi more Because dem love di way wi play di hardcore Dem a jump an shout like a goal jus score Watch how dem bubblin pon di dancefloor Di vides dem hot and di music wicked Wi come fi nice up di life weh you life Jump an shout an tell dem be positive Live di life you love love di life you live Some say dem a badman but dem a big fugitive How dem fi pop off dem gun no want nobody fi live If dem a badman then nobody should be dead All know dem deh a dem yard with dem bible a beg But some a fool never know di rule Dem never did go to Basement Jaxx school Be we's willing fi teach dem fi a shilling Make sure he's not di next victim in a killing Cos we have di knowledge we go a good college A+ in a history and home economics An wi love music that's why wi bust up di garage If a guy want test wi him dead Got ta Jump n' Shout Got ta Jump n' Shout

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