

Good 4 U

Balu Brigada

Familiar feeling
No mistaking and no escape
I keep myself awake
I need to concentrate 'cause this is probably something you been needing to
say for a while
The phone is ringing, something's happening
Distract myself from everything at stake
I'm eating out alone on Christmas Day
It's probably just the way this will be for a while

And there's no hard feelings
And even if there were I wouldn't know how to describe 'em to you
I won't even try, I think I'll keep 'em 'till I die
And until then, I'm just surviving

Now, this is good for you
You can't always get your way
So, this is good for you
Everything in moderation
This is good for you
Well, at least that's what they say
The low make you appreciate the high

(Good for you)
Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha
Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha
(Good for you)
Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha
The high

Promises, it's complicated
I read between the lines to find the message I been blocking since the donuts
I'ma probably keep my head in the sand for a while
Box of matches on the mattress, I light one
I make a scene and realize there's no one here to sympathize
It's probably gonna be how it is for a while (While, oh-oh)

And there's no hard feelings
And even if there were I wouldn't know how to describe 'em to you
I won't even try, I think I'll keep 'em 'till I die
And until then, I'm just surviving

Now, this is good for you
You can't always get your way
So, this is good for you
Everything in moderation
This is good for you
Well, at least that's what they say
The low make you appreciate the high

(Good for you)
Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha
Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha
(Good for you)
Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha
The high

(As long as you have a nice time, enjoy yourself, that's all that really matters)

Oh yeah, you're going good (Going good)

Oh yeah, it's working out (Working, working out)

I should be proud for ya (Happy for ya)

But I can't help myself (Help my, no, no I can't help myself)

(It's like that all the time)

This is good for you

You can't always get your way

So, this is good for you

Everything in moderation

This is good for you

Well, at least that's what they say

The low make you appreciate the high

(Good for you)

Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha

Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha

(Good for you)

Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha

The high

Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha

Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha

Ooh-ooh-ooh-ooh, ah-ha-ha-ha-ha

The high