I know I'll make it out of this alive
So don't stop me from trying to enjoy the ride
Gotta keep from burning out before I hit my stride
Ride it out, It's all a matter of time
It's just a laundry list of little pills that I have tried
Keep your head straight, don't waste your time looking behind

I got nothing left to give, but that's ok
It's just a little less to lose when you're losing your way
Running on empty just to make it through the day
And I only have myself to save
Baby I could be brave enough to say
I only have myself to save

I'm losing ground and I'm losing my mind But I'm not one to give up without a fight I wanna live, I'm sick of trying to survive

I got nothing left to give, but that's ok
It's just a little less to lose when you're losing your way
Running on empty
Just to make it through the day
And I only have myself to save
Baby I could be brave enough to say
I only have myself to save
Baby I could be brave enough to say
I only have myself to save

Just shout it out
Whatever makes a sound
I know the sun is bound to come around
Just shout it out
Whatever makes a sound
I know the sun is bound to come around

I got nothing left to give, but that's ok
It's just a little less to lose when you're losing your way
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