It's hard to explain
Don't know what I'm feeling
So used to the same
Don't know how to deal with
Hearing your name
And seeing different faces
(Uh, I...)

And you know that I'm sorry
Even though you were the one to go
And I'm not making excuses but
It's hard for me to let it go
We lost a lifetime
You and I, that's all I know
We lost a life time

Dealt with the pain
Didn't make a difference
Waking up the same
And sticking to my habits
Of running away
When I know I can't fix it

And you know that I'm sorry
Even though you were the one to go
And I'm not making excuses but
It's hard for me to let it go
We lost a lifetime
You and I, that's all I know
We lost a lifetime

I used to watch you fall asleep
I'm laying here, can barely breathe
I miss the way you'd laugh at me
No goodbye, no apologies

You and I You and I You and I We lost a lifetime

We lost a lifetime
You and I, that's all I know
You and I