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Hold on, hold on,
Hold on, hold on,
Hold on, hold on...
You've always been a tough girl
But you feel you're about to break
You're feeling stuck and out of luck
Watching your dreams all slip away
Been working mornings in the kitchen
And working nights at the corner store
As your life flies by, you wonder why
And you know that there's got to be something more...
Hold on, but don't hold too tight
Let go, it's gonna be alright
Don't run away from what your heart is sayin'
Be strong, and face what you're afraid of
Come on, show 'em what you're made of
I know it's hard when your hope is gone
But you gotta keep holding on
You hear a voice that's calling
And it's telling you to make a change
It's time to fly, and say goodbye
And move on to a better place
You know you've got to take the first step
To get to where you wanna be
Just get on track, and don't look back
'cause it's the only way that you're gonna be free
Hold on, but don't hold too tight
Let go, it's gonna be alright
Don't run away from what your heart is sayin'
Be strong, and face what you're afraid of
Come on, show 'em what you're made of
I know it's hard when your hope is gone
But you gotta keep holding on
(Hold on...)
You're gonna make it, you're gonna be stronger
(Hold on...)
Hang in there baby, just a little bit longer
(Hold on...)
Yeah, you're gonna be fine
Don't give up, be strong
When the going gets tough you gotta
Hold on
Hold on, but don't hold too tight
Let go, you're gonna be alright
Don't run away from what your heart is sayin'
Be strong, and face what you're afraid of
Come on, show 'em what you're made of
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I know it's hard when your hope is gone But you gotta keep holding on

Hold on, but don't hold too tight
Let go, you're gonna be alright
Don't run away from what your heart is sayin'
Oh
Be strong, and face what you're afraid of
Come on, show 'em what you're made of
I know it's hard when your hope is gone
I know it's hard when your hope is gone
I know it's hard when your hope is gone
But you gotta keep, yeah
Holding on

Hold on...
Hold on