Is this the little girl I carried? Is this the little boy at play?

I don't remember growing older When did they?

When did she get to be a beauty? When did he get to be so tall?

Wasn't it yesterday When they were small?

Sunrise, sunset
Sunrise, sunset
Swiftly flow the days
Seedlings turn overnight to sunflowers
Blossoming even as we gaze

Sunrise, sunset
Sunrise, sunset
Swiftly fly the years
One season following another
Laden with happiness and tears

What words of wisdom can I give them? How can I help to ease their way?

Now they must learn from one another Day by day

They look so natural together

Just like two newlyweds should be

Is there a canopy in store for me?

Sunrise, sunset
Sunrise, sunset
Swiftly flow the days
Seedlings turn overnight to sunflowers
Blossoming even as we gaze

Sunrise, sunset
Sunrise, sunset
Swiftly fly the years
One season following another
Laden with happiness and tears