

When days are just a trail of clothes  
Slung over poetry and prose  
A red reminder of the things I owe  
A songbird silenced in the setting snow  
I'm left here looking at the bones  
I'm stranded in a sea of stepping stones  
I stood inside of something I'd outgrown  
A simple sadness in the great unknown  
I think again and thank the earth  
And kiss the stone

I saw the anger in your eyes  
Neutralised  
Made hollow  
Faith and healing met the wide eyed child  
Redemption smiled  
I followed  
It's like the numbness when your heart gets sick  
Then the summer and your heart gets fixed  
And I say

Sister Ann says "there's no need to be down,  
There's something you can do"  
It all follows  
Sister Ann says "there's no need to find solace in anything,  
If you don't want to"  
It's like the light is gonna find you then  
Then the beauty in your eyes  
And the stillness of the night  
And the beating of your breast  
Is gonna put you there again

The single silence of a kiss  
Two voices merged and gone amiss  
Belief that bends and sobeyond that bliss  
Finds deeper darkness on relies on this  
Then wide awake it wonders why and says resist

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