```
Can't hold us,
can't hold us.
Can't hold us down,
can't hold us down.
Can't hold us down,
can't hold us down.
Down,
can't hold us down,
down,
can't hold us down,
down,
can't hold us down,
down,
can't hold us down, down.
No one can hold us down,
I'm knocking ten feet off the ground,
everytime that you're around.
No one can hold us down,
I'm knocking ten feet off the ground,
everytime that you're around.
Down,
down,
down,
down,
down,
down,
down,
down,
down,
down.
Can't hold us down,
down,
down,
down.
Can't hold us,
```

```
can't hold us,
```