

## upside down

AVRALIZE

Gotta leave my doubts in the upside down  
Yeah my head is wrecked spinning round and round

Breathe for me

In the shadows where the light won't reach me  
There lives a creature  
A crushing feeling

Feel the touch of a cold hand reaching  
The dark's leaking  
Into my being

There's a voice inside whispering  
Driving me insane  
INSANE  
Me insane

Anxious thoughts are controlling me  
When it all goes dark  
The voice inside me is whispering

Please hold on tight  
Make it out alive  
It's worth the fight  
Make it out alive

Gotta leave my doubts in the upside down  
Breathe for me  
Breathe for me baby  
Yeah my head is wrecked spinning round and round  
Leave it all behind this time  
My self-made nightmare  
Gotta make it out

Gotta make it out

I'm feeling paranoid  
The waves are pulling me under  
Breathe for me

Please hold on tight  
Make it out alive  
It's worth the fight  
Make it out alive

Gotta leave my doubts in the upside down  
Breathe for me  
Breathe for me baby  
Yeah my head is wrecked spinning round and round  
Leave it all behind this time  
My self-made nightmare  
Kissing all my ghosts goodbye  
This crushing feeling  
Gotta make it out

Suffocating

You better hush  
Make no sound  
In this hunting ground

Toxicated  
From my own mind  
When will I let this go

Gotta leave my doubts in the upside down  
Breathe for me  
Breathe for me baby  
Yeah my head is wrecked spinning round and round  
Leave it all behind this time  
My self-made nightmare  
Kissing all my ghosts goodbye  
This crushing feeling